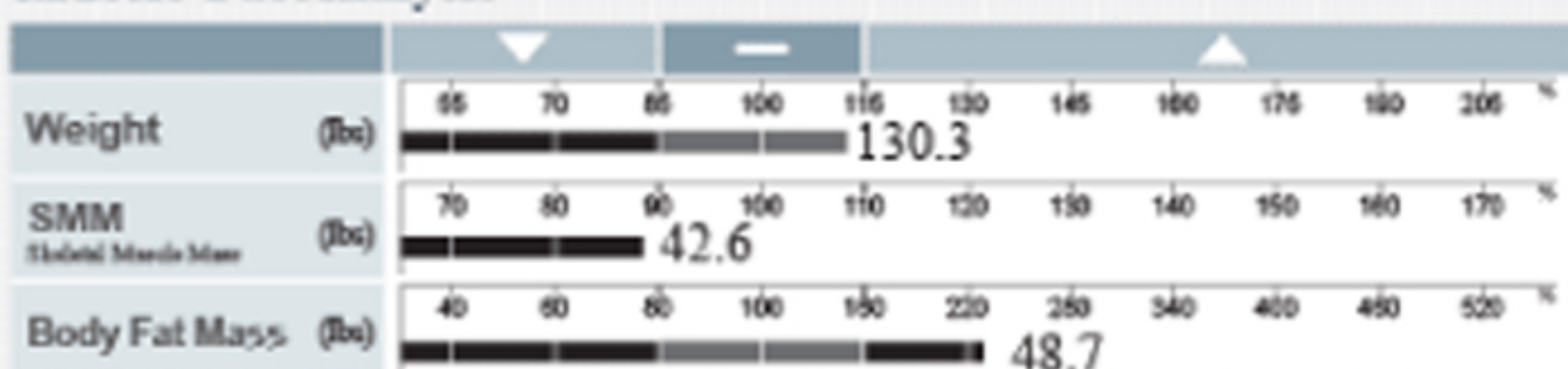


ID: Jane Doe | Height: 5ft.01.8in. | Age: 51 | Gender: Female | Test Date / Time: 05.04.2015 09 : 46

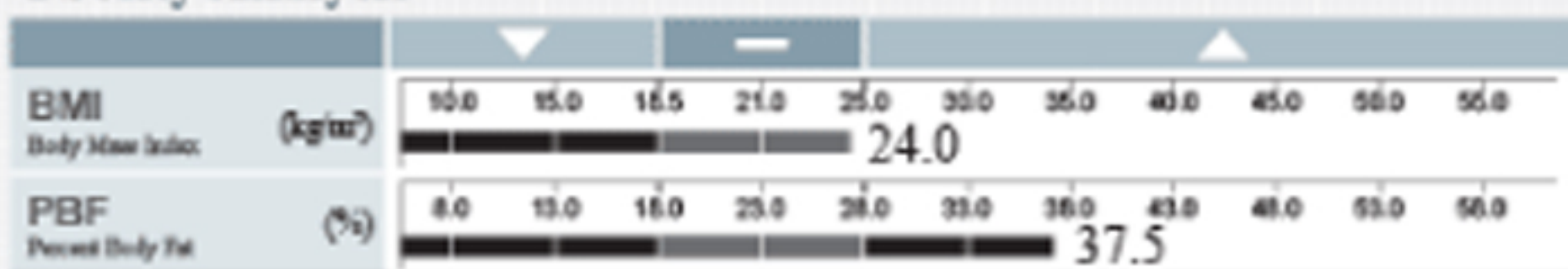
## Body Composition Analysis

Total amount of water in body	Total Body Water (lbs)	60.0
For building muscles and strengthening bones	Dry Lean Mass (lbs)	21.6
For storing excess energy	Body Fat Mass (lbs)	48.7
Sum of the above	Weight (lbs)	130.3

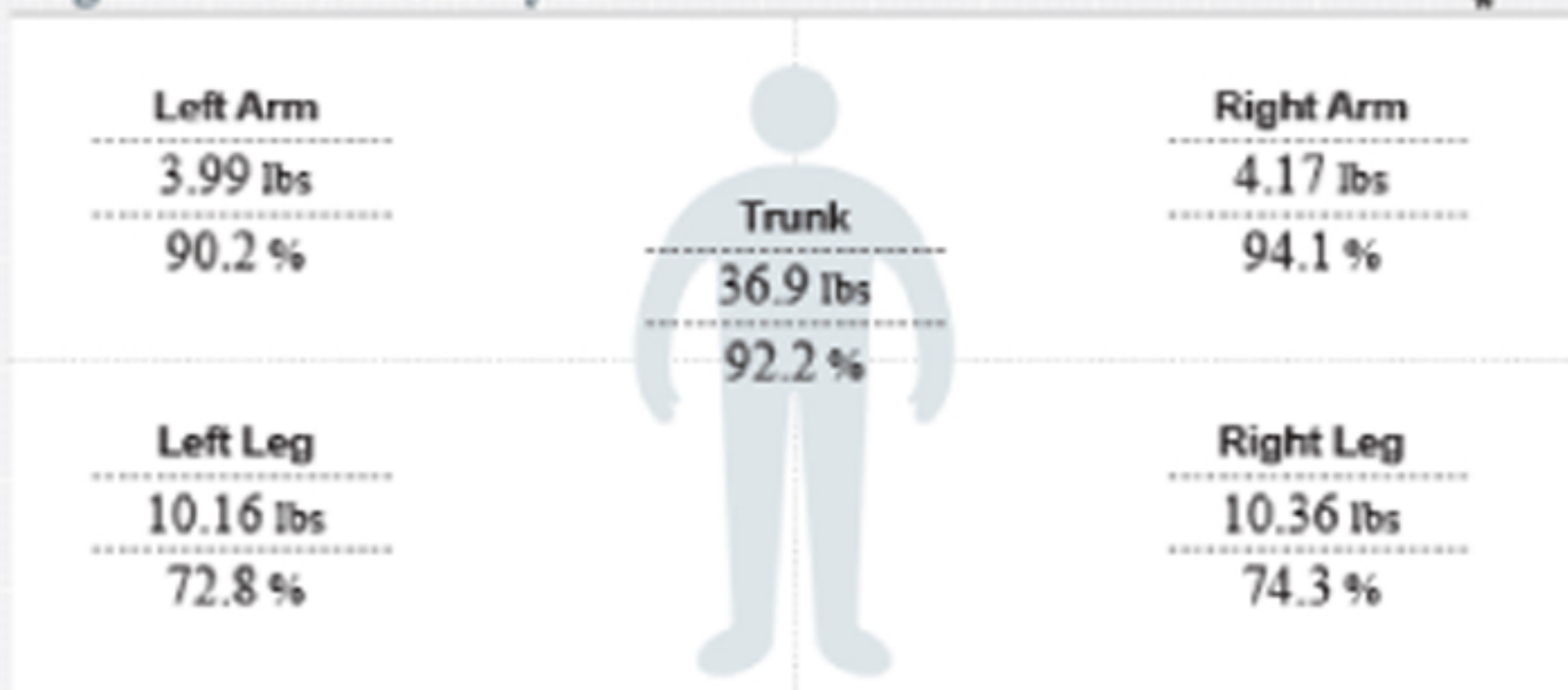
## Muscle-Fat Analysis



## Obesity Analysis



## Segmental Lean Analysis



## Body Composition History

	10.10.14 09:15	10.30.14 09:40	11.02.14 09:35	12.15.14 11:01	01.12.15 08:33	02.10.15 13:50	03.15.15 08:35	05.04.15 09:46
Weight (lbs)	143.9	139.9	137.6	136.2	137.3	134.3	133.4	130.3
SMM (Skeletal Muscle Mass) (lbs)	44.3	44.1	43.4	43.4	43.6	43.4	43.6	42.6
PBF (Percent Body Fat) (%)	41.3	40.7	39.2	39.0	39.4	38.6	37.8	37.5

## Body Fat-Lean Body Mass Control

Body Fat Mass - 22.0 lbs  
Lean Body Mass + 8.4 lbs  
(+) means to gain fat/lean (-) means to lose fat/lean

Lean Body Mass 81.6 lbs

Basal Metabolic Rate 1168 kcal

## Results Interpretation

**Body Composition Analysis**  
The body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

**Muscle-Fat Analysis**  
Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

**Obesity Analysis**  
BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

**Segmental Lean Analysis**  
Evaluates whether the amount of muscle is adequately distributed throughout the body. Compares muscle mass to the ideal.

**Body Composition History**  
Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

**Body Fat-Lean Body Mass Control**  
Based on current body composition, the recommended change in Lean Body Mass and Body Fat Mass for a good balanced ratio. The '+' means to gain and the '-' means to lose.

**Basal Metabolic Rate**  
Basal Metabolic Rate is the minimum number of calories needed to sustain life at a resting state. BMR is directly correlated with Lean Body Mass.

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

	RA	LA	TR	RL	LL
Z (R) 20 lbs	345.0	358.5	23.4	286.6	296.0
100 lbs	322.0	335.5	21.2	273.2	282.6



**AUSTIN HWY**  
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**PHONE NUMBER:**  
**210-826-2500**

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**SUN: 12 - 5PM**